

Kit List



We hope you are looking forward to coming to Oakwood!! We will provide all the specialist equipment for the activities you will be doing but we need you to bring the following items so that you will be comfortable and able to enjoy your stay.

Clothing

- Suitable Nightwear
- Underwear (please note that for many activities, socks will need to cover your ankles)
- Trousers/leggings for activities (not jeans)
- Shorts (summer groups)
- 1 pair of trainers for activities
- Pair of dry shoes for evening activities
- Fleece/sweatshirts for activities
- Long sleeved shirt/t-shirts (for activities where arms need to be covered)
- T-shirts
- Waterproof jacket/cagoule (and trousers if you have them)
- Warm anorak or similar (winter groups)
- Hat and gloves (winter groups)
- Baseball hat/sun hat (summer groups)
- 1 or 2 sets of clothes for the evening

Please make sure you bring clothes that are appropriate for being active in and that are appropriate for the forecasted weather.

Other Items

- One towel for showering
- One 'old' towel for wet activities
- Plastic drink bottle
- Sunscreen (summer groups)
- Small rucksack/ bag
- Labelled bin bag for wet and dirty clothing
- Washbag (including soap, shampoo and toothpaste)
- Sleeping bag/duvet and pillow (unless otherwise advised)

We recommend that you do not bring items with you such as Ipods, MP3 players etc. or anything else of value that you do not want to get lost or broken.